

CLUB *De* MAR



**SAILING SCHOOL  
AND  
WATERSPORT  
ACTIVITIES**

**2024**



Throughout the year, Club de Mar - Mallorca (CDM) schedules activities in sailing, kayaking and stand-up paddle (SUP) in its Watersports School.

All the courses are carried out with the material of the Club in its own facilities, which include classrooms and dock space in the Can Barbara basin.

The courses are taught in groups of 4-8 pupils. Qualified instructors are in charge of the groups, giving personalized attention to each pupil according to their level and taking into account the prevailing conditions.

The courses are primarily targeted for the members of the Club and their families, although other pupils are admitted if there are places available.

### DATES AND SCHEDULES

#### Summer season (from June 24th to September 6th)

Sailing: Weekly courses (Monday to Friday)

Beginners (Collective boat) 0900- 1600 (\*)

Advanced (Optimist) 0900- 1600 (\*)

Advanced dinghy sailing (Laser Pico) 0900- 1600 (\*)

(\*) Schedule: 0900- 1000 Theory in classroom  
1000- 1400 Training session  
1400- 1600 Lunch and workshops (optional)

Kayaking:

Daily training sessions (Monday to Saturday) 1545- 1745

Multidicipline (sailing, kayaking and SUP)

Weekly courses (Monday to Friday) 0900- 1600

(\*) Schedule: 0900- 1000 Theory in classroom  
1000- 1400 Training session  
1400- 1600 Lunch and workshops (optional)

#### Winter season (October to May)

Sailing:

Monthly courses on the weekends (Saturday and/or Sunday), 1000- 1400

Kayaking:

Daily training sessions (Monday to Sunday)

Monday to Friday: 1600- 1800 | 1800- 2000

Saturday: 0900- 1100 | 1100- 1300

Sunday: To be agreed.



### FACILITIES

Classroom equipped with audiovisual equipment for theory lessons, resting area, showers, toilets and bathrooms.

Club de Mar – Mallorca has been awarded the “Q” label of Spanish Tourism Quality which credits the excellence of services provided to clients.

### THE FLEET

Collective boats “Gamba” and “Omega”.  
Single- and double-handed boats “Laser Pico”  
Kayaks K1 and K2  
SUP boards

### ADMISSION REQUIREMENTS

To know how to swim correctly.

No physical or health limitations that make the practice of nautical sports inadvisable (a doctor’s certificate may be required).

To be at least 7 years old and not older than 16.

Meet the necessary technical requirements to access the level of the course.

For the Regatta Initiation courses in sailing, and training in kayaks, it is necessary to have attended the Cdm Beginners’ Course, and in sailing also the Advanced Course. Alternatively, be able to accredit the completion of these course in another school.

### REGISTRATION

It can be made online, entering the section “Sports Area” on the Club’s website [www.clubdemar-mallorca.com](http://www.clubdemar-mallorca.com), where you will find the necessary forms and instructions.

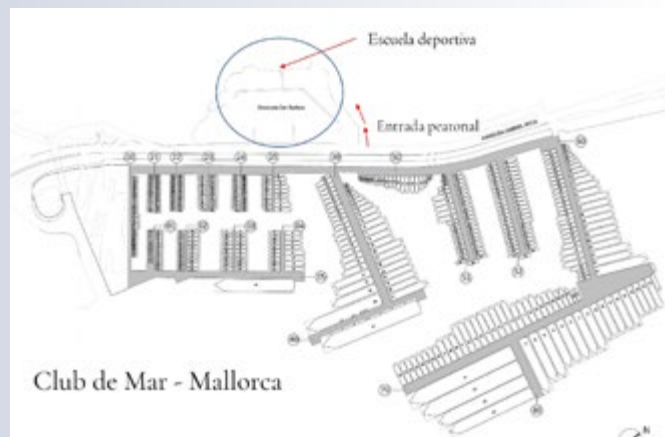
In all courses of any sport or modality, the minimum number of students required is 4. The Club reserves the option to cancel if this number is not reached.

Confirmation of the registration

The registration is not confirmed nor the place reserved before the corresponding payment is done.

### RECEPTION OF STUDENTS

The reception of students, on the first day of the course, will take place at the Sailing School located at the Can Barbará basin (see map).



### CANCELLATIONS

In case of cancellations, CDM may retain 30% of the registration fee.

### REMARKS

#### a) Insurance

To participate in any course or activity it is mandatory to have an accident insurance.

The CDM can provide the corresponding sport’s Federation License (which includes such insurance), if requested at the time of registration and upon payment of the established fee. This license is mandatory to participate in competitions.

#### b) Outfit

During the course, students are expected to wear the clothing provided by the Club (cap + t-shirt).

It is recommended to wear head garment at all times, especially in summer and it is mandatory to wear closed shoes with rubber soles. At sea it is also mandatory to wear a life jacket, which will be provided by the Club.



### TECHNICAL ASSISTANCE

The Club collaborates with and counts on the technical advice of the corresponding Sports Federations.

### REGATTA AND COMPETITION TEAMS

The most outstanding students of the initiation courses in the different sports have the option of joining the CDM Regatta or Competition Teams.

### ACTIVITIES WITH SCHOOLS

Courses in collaboration with schools, associations or other groups.

Months from February to June, September and October.

Groups of 12 students maximum.

Conditions to be agreed upon.

### FEES

The 2023 prices, in euros and including VAT, are as follows:

#### SAILING AND MULTI-SPORTS

Summer: June 24th to September 6th

##### Basic course

-Sailing, beginners (Collective boat) 125,00/ weekly course

-Sailing, advanced dinghy (Laser Pico and Omega)

125,00/ weekly course

Multi-disciplinary course 125,00/ weekly course

##### Optional

Afternoon activities from 14- 1600

Without lunch (it has to be taken from home) 25,00/week

Catering (optional) to be confirmed

##### Winter

Regatta Initiation (Saturdays and Sundays) 80,00/ month

### SPECIAL ACTIVITIES

Occasionally, during the summer courses, the following activities are scheduled:

Scheduled excursions for groups in Sea Kayaks and/or Paddle Surf.

Various workshops (marine environment, basic meteorology, maritime culture, etc.).

Easter activities.

Additional courses during school vacations.

#### KAYAKING

##### Winter

Children's training (3 sessions/ week) 55,00/ month

Adults' training (4 sessions/ week) 55,00/ month

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**Discounts** (only for the weekly courses in the summer):

Club Associates and family members (children and grandchildren) 25%

For other participants, second family member 10%

In all cases, the fee includes: Learning materials, final diploma and 1 t-shirt of the Club when starting the first course.

**Insurance** (Federation licence) 10,00€ (incl.VAT) Voluntary, not included in the course fee



# CLUB *De* MAR



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